Curriculum Subject Overview

Subject: PE

Intent:

Bramley Park Academy believes that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum competence in physical and emotional development and good health. Physical Education is an integral part of our curriculum that is inclusive and engages all pupils.

We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. We want to teach children skills to keep them safe such as being able to swim 25 metres. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values

Our curriculum aims to improve the wellbeing and fitness of all children at Bramley Park, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes. We link this with our PSHE objectives and try to weave them both together as they link hand in hand.

We offer extra curricular activities and competitive sporting opportunities for our children to use these skills as part of a wider society and transfer the Bramley Park 'Believe, Persevere, Achieve' way. These opportunities enable our children to make informed decisions independently to lead healthy and active lives.

Children develop and apply fundamental movements within every lesson.

- -Children are active throughout each PE lesson.
- -Children are at the forefront and have direct impact on their learning within lesson and through pupil voice.
- -Staff have a clear understanding of the National Curriculum, through regular CPD, the use expert external coach, whole school curriculum maps.
- Learning is supported and enhanced through a range of curriculum sporting activities in school, after school and on trips e.g. Rugby, football, tennis, gymnastics, athletics, outdoor and adventurous activities.
- -EYFS lay strong foundation focusing on fundamental movements, fine and gross motor skills. Children in EYFS have weekly rugby sessions and use of the outdoor area is used to build on, practice and apply skills developed in these sessions to ensure coverage.
- -Learning is differentiated to support the needs of every child.
- Swimming and water safety is taught throughout KS2 and extra opportunities are taken to continue to improve 25m swimming percentage
- -Sports Premium Funding is spent effectively to develop a lasting legacy for PE & Sport at school.
- -Cross-curriculum links are made explicit through the whole school (active maths, english and topic).

<u>Implementation:</u>

Physical Education:

- -The long term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met through a skills based approach. This provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.
- Subject expertise, through regular CPD & Twilight sessions (for individuals, the subject leader and whole staff) ensures that Physical Education is taught effectively.
- Teachers use the PE Planning documents to support them in their planning. These documents are progressive, coherent and apply fundamental movement skills which are year group appropriate.
- Formative Assessment is embedded through instant feedback during the lesson and on jamboards completed by the teacher during and after the lesson.
- Subject vocabulary is displayed on the PE board to support learning as well as begin reinforced by teachers.
- -High quality questioning throughout lessons by both teacher and PE coach to assess children's learning.
- Children are given wider opportunities to build character and embed values through regular teamwork activities, competitive sport and Sports Day.
- Sports Premium Funding is used to increase physical competency of staff and children
- -Children are provided with their full entitlement to Physical Education.
- -Regular action plans, governor reports and pupil voice continue to monitor and improve Physical Education.
- -Pupils participate in two high quality PE lessons each week. In addition, children are encouraged to participate in the varied range of extra-curricular activities. Children can attend after school sport clubs three evenings per week.

Physical Activity:

- -Less active children are highlighted and encouraged to live a more active lifestyle.
- -Afterschool clubs provided/wider range of sporting activities.
- Staff implement regular activity each day through active breaks and use of videos e.g. BBC Super Movers
- Active playtimes and child led play ensures that all children are mobile throughout the day e.g. play leaders are trained up by PE coach to set up and carry out their own sporting activities during playtimes and lunchtimes.
- -Physical activity is also embedded in our PSHE curriculum to ensure children understand how to implement a healthy lifestyle of their own.
- -Active Maths, English and Topic lessons carried out so children can see how physical activity doesn't just have to be a sport.
- -Each year a small group of KS2 children are invited to become Sports Leaders for the school. They develop into sporting role models for the younger children, assisting with lunch-time clubs, our annual Sports day and any other Sporting activities.

School Sport:

- Children can choose to enter after school sporting competitions once a week. These are part of our local cluster of schools.
- External school sporting competitions are offered to the children to take part in.
- SEND sporting opportunities out of school are completed at least twice a year.
- Provide opportunities for parents and local community to spectate in competitive events through the Sport Partnership

Impact- See recent QA report		