

What an incredible week we have had at BPA! Christmas was certainly in full swing and we were very fortunate to be treated to 2 excellent Nativities - one from our KS1 pupils and the other from our EYFS pupils.

For those parents that were in attendance at these throughout the week, I'm sure you'll agree they were memorable performances. A huge thank you to our amazing staff in these key stages for all of their hard work, effort and preparation in putting on these performances.

On a slightly different note, we are experiencing a nasty sickness bug doing the rounds at school. We are taking lots of preventative measures in school, but please can we also ask for your support in promoting this at home also - we want everyone to break up next week in a healthy and happy state so that everyone can fully enjoy the festive period.

Have a great weekend
Mr Wingfield



Your paragraph text



STAR OF *the* WEEK

Congratulations to this weeks stars



Mrs Yates: Nelson
Miss Greenwood: Ethan
Mrs Lamb: Edgar
Miss Ingham: Everyone
Miss Gregory: Everyone
Mr Barraclough: Everyone
Miss Roebuck: Amber
Mrs Hrintchuk: George
Mrs Thomas: Rawan

Miss Khan: Safa
Mrs Pierce: Millie
Mrs Warbrick: Miguel
Mrs Spivey: Sebastian
Launchpad KS1: Ivie
Launchpad KS2: Phoebe
Mrs Dove's: George D
Ms Burnley: Riley P

KS2 Carols Around the Tree

Friday 20th December KS2 will be singing carols around the tree at 9.00am. Parents are welcome to attend. Places are limited to one place per family



Menu change W/C 16/12/24

Next week we will be changing our menu slightly, due to the Christmas dinner being served on Friday, Wednesdays menu options will be-
Battered Fish, Served with Chips & a slice of lemon
Garden Peas & Baked Beans
Vegetable Fingers & Ketchup,
Served with Chips, Garden Peas & Bakes Beans.

The children's Christmas Parties will be taking place next week. On your child's party day please ensure that they come into school in their normal uniform but they can bring a Santa hat or headband to wear during their party.

Wednesday 18th December is our Christmas Movie night, places are still available to book online via Arbor.

Friday 20th December is our last day, Children are invited to wear their Christmas Jumper and we will have donation buckets to donate to Mission Christmas. School will close at 2pm this day and every child **MUST** be collected by an adult at 2pm even if they usually walk home alone.

Dates for your diary

Friday 20th December – Christmas jumper day and Christmas dinner

Friday 20th December – KS2 carols around the tree at 9am.

Friday 20th December – No Rockets School closes for Christmas break at 2pm

Monday 6th January – School reopens

Friday 14th February – School closed – Wellspring training day
February half term

Monday 24th February – School reopens

Friday 4th April – School closes for the Easter break

Tuesday 22nd April – School reopens

Friday 23rd May – School closes for half term

Monday 2nd June – School reopens

Tuesday 22nd July – School closes at 2pm. No Rockets.

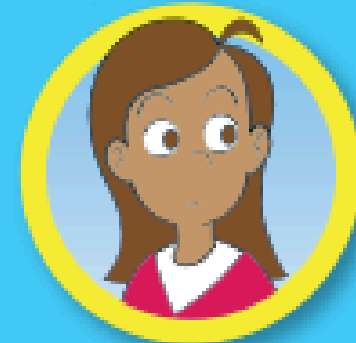


When taking children to school teach them to STOP, LOOK, LISTEN and THINK before they cross the road

Hold hands

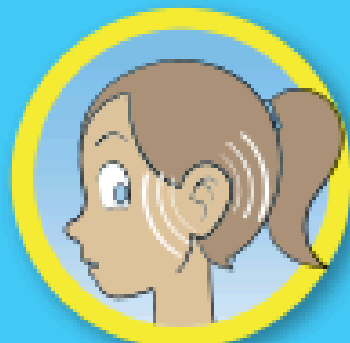


Find a safe place to cross

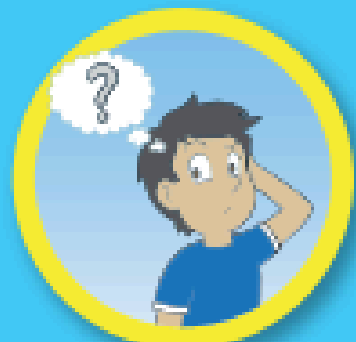


LOOK

STOP



LISTEN



THINK

Every time you cross the road set a good example and do it safely.

For further information contact the
Influencing Travel Behaviour Team

t: 0113 3787306 e: road.safety@leeds.gov.uk

School parking



Keep the zig-zags clear – no excuses!



School entrances

If you travel to school by car, do not stop (even to drop off or pick up) on “School - Keep - Clear” markings. Park well clear of the school entrance. A stationary car can prevent a driver seeing a child crossing the road. Don't be pressured by bad weather into parking too close to the school - better a wet coat than a visit to the A&E!

Do not park on pavements

Inconsiderate drivers who park their vehicles wholly or partially on the pavement not only cause danger - but also commit an offence of obstruction. They cause danger to pedestrians, especially children and parents with prams and pushchairs. Pavements are not constructed to take the weight of vehicles. The local authority may make a claim against you for the damage caused to the footpath.

Do not obstruct

You only visit the school twice a day, so why ruin the quality of life of residents? Parking across or near driveways obstructs the views of those trying to manoeuvre in and out of them. It is also anti-social behaviour.

The zig-zags are there for a purpose:

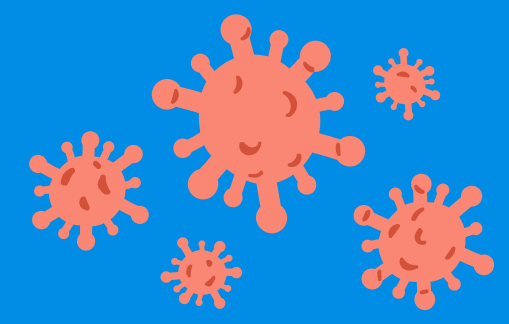
To provide a clear area in which children can cross more safely

Please remember

- Don't let very young children out on their own.
- Make sure that they know roads are dangerous.
- Because of their size, children cannot see if the road is clear from behind parked cars.
- Drivers cannot see small children hidden by parked cars.
- When children go to and from school, there is usually a lot of traffic.

Do you stop on the zig-zags?





I spy... Gastroenteritis

(Diarrhoea and vomiting)

Gastroenteritis is usually caused by a bacterial or viral stomach bug and affects people of all ages. Cases in adults are usually caused by norovirus (the 'winter vomiting bug') or bacterial food poisoning.

The most common cause of viral gastroenteritis is contact with others who are symptomatic or eating and drinking contaminated food or water. Gastroenteritis can be spread by sharing utensils, towels or food with someone who has the virus.

TYPE 1		Separate hard lumps (hard to pass).
TYPE 2		Lumpy, hard, sausage-shaped.
TYPE 3		Sausage-shaped with cracks on the surface.
TYPE 4		Sausage-shaped or snake-like; smooth and soft.
TYPE 5		Soft blobs with clear-cut edges (easy to pass).
TYPE 6		Fluffy pieces with ragged edges; mushy.
TYPE 7		Entirely liquid, watery, no solid pieces.

What is diarrhoea?
Diarrhoea is defined as three or more liquid or semi-liquid stools (type 6 or 7) within a 24-hour period in adults and older children, or any change in bowel pattern in young children.

Common symptoms
Sudden onset of nausea, followed by episodes of projectile vomiting and watery diarrhoea.

These may be accompanied by fever, headache, abdominal pain and/or aching limbs.

What is an outbreak?
You may have an outbreak if you have two or more staff or residents with diarrhoea and/or vomiting. Please discuss this with the CDC nurse on tel: 0113 378 5900.

Contact your GP if you have any concerns or do not feel as though you are getting better.

As it is that time of year again we are aware there are a lot of bugs going round. Please take a look at the leaflets attached for advice/information on how to deal with some of the common illnesses we can expect during Winter



I spy... FLU

Flu is a virus which is highly infectious and can easily spread from person to person via the droplets caused by coughs and sneezes.

Flu can cause a variety of symptoms and some people can become so unwell that they need hospitalisation.

- Symptoms of flu include:**
- Sudden high temperature.
 - Chills and fever.
 - Aching, feeling tired or fatigued.
 - Headache.
 - Dry cough.
 - Sore throat.
 - Nausea and vomiting.
 - Diarrhoea.
 - Loss of appetite.

Flu viruses can live on your hands and other surfaces for up to 24 hours.

Flu is considered a seasonal infection and tends to affect people in the winter.

Taking antibiotics will not help you recover from flu. The best medicine is self-care including:

- Resting and sleeping.
- Staying hydrated.
- Keeping warm.
- Taking paracetamol or ibuprofen to reduce a temperature and help ease pain.



You can reduce the risk of spreading flu by:

- Washing hands frequently.
- Covering your mouth and nose when coughing or sneezing.
- Throw used tissues away as soon as possible.

The best way to help prevent flu is to get a flu vaccine. Contact your GP to see if you are eligible.

FOLLOW US ON SOCIAL MEDIA



New job role available at Bramley Park Academy

Post Title: Catering Assistant (based at Bramley Park Academy, Guiseley)

Contract basis: Permanent

Apprentices: Open to apprentices

ABOUT THE VACANCY:

We are seeking to appoint an enthusiastic and proactive Catering Assistant to support the Catering Lead to provide high quality, cost effective meals to learners, staff and visitors at Bramley Park Academy in Bramley, Leeds.



Please check the BPA website for more details



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING CHRISTMAS 2024



moneysavingcentral.co.uk/kids-eat-free

MORRISONS

Spend £5 from the hot menu and get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase any adult meal (Via App)

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

EMBER INNS

Kids eat for £1 from Monday 21st October to Friday 1st November 2024 (excludes weekends)

COCONUT TREE

One child (under 10) eats free every day Monday 23rd December 2024 to Friday 3rd January 2025.

LAS IGUANAS

Download the app and join 'My Las Iguanas' for free meals for mini Iguanas. Niños get a main, two sides and a dessert with every adult main (or three tapas dishes) purchased.

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Sun to Weds. All Day Thursdays

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

IKEA

Kids get a meal from 95p daily from 11am

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.