| Bramley Park + Academy                                     |                 | Spring 2023/24 Menu                                      |   |   |   |   |
|--|-----------------|--|---|---|---|---|
|  |                 | Monday   | Tuesday   | Wednesday   | Thursday  | Friday  |
| <b>Week One</b><br>WC 8 January 2024<br>WC 29 January 2024 | Main Meal       | Cheese & Tomato Pizza,<br>Served with Wedges             | Penne Pasta Bolognese<br>with Garlic Dough Balls  | Roast Chicken & Stuffing with<br>Roasted Baby Potatoes and<br>Gravy   | Tuna Pasta Bake with<br>Garlic Bread                    | Fish Finger Wrap,<br>with Chips                     |
|  | Vegetarian Meal | Meatless Meatballs<br>with Spaghetti                     | Macaroni Cheese &<br>Garlic Bread   | Quorn Fillet and Stuffing served with Roast Potatoes and Gravy        | Cheesy Bean Bake & Wedges                               | Vegetable Fingers,<br>Served with Chips             |
|  | Vegetables      | Peas & Sweetcorn   | Peas & Carrots  | Broccoli & Cauliflower  | Carrots & Sweetcorn                                     | Garden Peas & Baked Beans                           |
|  | Carb            | Wedges / Garlic Bread                                    | Garlic Bread  | Baby Potatoes / Garlic Bread  | Wedges / Garlic Bread                                   | Chips   |
|  | Dessert         | Chocolate Muffin or<br>Fruit Pot                         | Lemon Drizzle Cake<br>& Custard or Fruit Salad  | Cherry Cake & Custard or<br>Fruit Pot                                 | Chocolate Muffin or<br>Fruit Pot                        | Fruit Jelly & Ice Cream<br>or Fruit Boat            |
| <b>Week Two</b> WC 15 January WC 5 February 2024           | Main Meal       | Cheese Whirl with<br>New Potatoes                        | Bangers N Beans - Sausage in a<br>Bean and Tomato Sauce Served<br>with Cheesy Mashed Potato | Roast Gammon and Stuffing,<br>served with Roast Potatoes and<br>Gravy | Creamy Cheese & Chicken Pasta<br>with Garlic Doughballs | Battered Fish, Served with Chips & a slice of Lemon |
|  | Vegetarian Meal | Tomato and Basil Penne Pasta<br>Served with Garlic Bread | Vegetarian Spaghetti Bolognaise<br>& Garlic Bread   | Quorn Fillet and Stuffing served with Roast Potatoes and Gravy        | Vegetarian Curry<br>with Rice                           | Quorn Sausages<br>and Chips                         |
|  | Vegetables      | Peas & Carrots   | Broccoli & Carrots  | Baton Carrots & Broccoli  | Peas & Broccoli   | Garden Peas & Baked Beans                           |
|  | Carb            | New Potatoes / Garlic Bread                              | Cheesy Mash / Garlic Bread  | Roast Potatoes  | Rice / Garlic Bread /<br>Naan Bread                     | Chips   |
|  | Dessert         | Apple Crumble & Custard<br>or Fruit Salad                | Carrot Cake or<br>Fruit Pot   | Apple Flapjack or<br>Fruit Boat                                       | Lemon Shortbread Biscuit<br>or Fruit Pot                | Chocolate Brownie or<br>Fruit Salad                 |
| <b>Week Three</b> WC 1 January 2024 WC 22 January 2024     | Main Meal       | Veggie Sausage Roll<br>& Wedges                          | Chicken Curry with<br>Basmati Rice  | Roast Turkey with Roasted<br>Baby Potatoes and Gravy                  | Barbecue Turkey Wrap<br>and Rice                        | Salmon Fishcake,<br>Served with Chips               |
|  | Vegetarian Meal | Cheese & Tomato Pizza, served with Wedges                | Vegetable Chilli served<br>with Rice  | Quorn Fillet and Stuffing served with Roast Potatoes and Gravy        | Veggie Bangers & Beans with<br>Sweet Potato Mash        | Fishless Fingers,<br>served with Chips              |
|  | Vegetables      | Green Beans & Carrots                                    | Broccoli & Peas   | Medley of Seasonal Vegetables   | Peas & Sweetcorn  | Garden Peas & Baked Beans                           |
|  | Carb            | Wedges   | Rice / Naan Bread   | Baby Potatoes   | Rice / Sweet Potato Mash                                | Chips   |
|  | Dessert         | Chocolate Muffin or<br>Fruit Pot                         | Orange Shortbread & Custard or Fruit Boat   | Fruit Jelly or<br>Fruit Pot   | Chocolate Cookie or<br>Fruit Salad                      | Cherry Flapjack or<br>Fruit Pot                     |
| Available Daily:   |                 | Monu Kovi  |   | Allergies:  |   | A   |

- Freshly baked jacket potatoes with a choice of fillings
- Fresh bread Cheese & crackers Salad selection
  - Whole fresh fruit Yoghurts

## Menu Key:



**W** Vegetarian 

✓ Wholemeal 

→ May Contain Nuts

If you would like to know about particular allergens in food please ask a member of the catering staff.

