

# WEEK 1

# MENU

w/c - 01/11, 22/11, 13/12, 03/01,  
24/01, 21/02, 14/03



Monday	Tuesday	Wednesday	Thursday	Friday
WORLD FOOD DAY	STREET FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVORITES

MAIN 1	MAIN 2	Carbohydrates	Vegetables	Desserts
Sausage & Gravy	Chicken Pitta Pocket	Roast Chicken & Gravy	Macaroni Cheese	Fish Finger Bap
Quorn Sausage & Gravy	Vegetable Pitta pocket	Roasted Quorn Fillet & Gravy	Chickpea and Spinach Curry	Vegetable Plait
Mashed Potato	Pasta	Roasted Potatoes	Pasta/Rice	Oven Baked Chips
Broccoli Garden Peas	Garden Peas Mixed salad	Fresh Glazed Carrots Savoy Cabbage	Broccoli Sweetcorn	Garden Peas Baked Beans
Chocolate Cake and custard	Orange Jelly	Autumn Fruit Crumble and Custard	Apple Shortbread	Mango Frozen Yoghurt

**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

**Future 60** Contains one or more of the top 60 most sustainable foods in the world!

**Vegetarian** **Vegan** **Organic**  
For allergen content please speak to member of staff who will be happy to assist

# WEEK 2 MENU

w/c - 08/11, 29/11, 10/01, 31/01,  
28/02, 21/03



## Monday

WORLD FOOD DAY

## Tuesday

PLANET EARTH DAY

## Wednesday

ORIGINALS DAY

## Thursday

STREET FOOD DAY

## Friday

FRIDAY FAVORITES

### Main 1

Cheese & Tomato Pizza

Sticky Honey  
Glazed Chicken

Roast Gammon

Chinese Chicken  
Noodles

Fish (Pollock)

Vegan Meatballs

Cauliflower and  
Chickpea Curry

Quorn Roast

Chinese Vegetable  
Noodles

Tomato and Sticky  
Onion Tart

### Carbohydrates

Diced potatoes

Rice

Roasted Potatoes

Noodles

Oven Baked Chips

### Vegetables

Roasted Vegetables  
Mixed Salad

Coleslaw

Garden Peas  
Fresh Carrots and  
Diced Swede

Mixed Salad

Garden Peas  
Carrots  
Baked Beans

### Desserts

Carrot & Apple Muffin

Mandarin Cheesecake

Autumn Cake &  
Custard

Organic Yoghurts

Bananas  
and Custard

**AVAILABLE DAILY:** Jacket potatoes baked onsite with  
a daily choice of two toppings - Seasonal cut fruits - Mixed  
salad bar - Freshly baked breads (white or wholemeal)

**Future 50** Contains  
one or more of the top  
50 most sustainable  
foods in the world!

**Vegetarian** **Vegan** **Organic**  
For allergen content please speak to member  
of staff who will be happy to assist

# WEEK 3 MENU

w/c - 15/11, 6/12, 17/01, 07/02, 07/03, 28/03



## Monday

STREET FOOD DAY

## Tuesday

WORLD FOOD DAY

## Wednesday

ORIGINALS DAY

## Thursday

PLANET EARTH DAY

## Friday

FRIDAY FAVOURITES

### MAIN 1

Chicken & Sweetcorn Wrap

Chicken Burger

Roast Chicken

(Quorn) Golden Dippers and Tomato Salsa

Oven Baked Fish Fingers

### MAIN 2

Vegetable wrap

Southern Baked Quorn Burger, Bun & Salad

Vegan Shepherdess Pie

Roasted Vegetable Wholemeal Pasta Bake

Cheese Omelette

### Carbohydrates

Pasta

Half Jacket Potato

Roast Potatoes

Garlic and Parsley Bread/diced potatoes

Oven Baked Chips

### Vegetables

Green Beans/ Sweetcorn

Roasted Sweetcorn Broccoli Florets

Roasted Carrots Roasted Parsnips

Roasted Peppers Garden Peas

Garden Peas Baked Beans

### Desserts

Lemon Curd Meringue Pizza Slice

Raspberry Jelly

Chocolate Bread & Butter Pudding & Custard

Apple & Rhubarb & Custard

Oatey Raspberry Flapjack

**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

**Future 50** Contains one or more of the top 50 most sustainable foods in the world

**Vegetarian** **Vegan** **Organic**  
For allergen content please speak to member of staff who will be happy to assist