

Week Commencing: 6/9/21, 20/9/21,4/10/21,18/10/2021, 8/11/21, 22/11/21, 6/12/21

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Spaghetti Bolognese	Roast Gammon, Stuffing and Gravy	Cheese and Tomato Pizza	Roast Chicken, Stuffing and Gravy	Golden Nuggets
VEGETARIAN	Macaroni Cheese	Quorn Fillet, Stuffing and Gravy	Tomato and Herb pasta Bake	Quorn Fillet, Stuffing and Gravy	Quorn Burger in a Bun
JACKET POTATO	Cheese		Beans		Cheese and Beans
CARBOHYDRATE	Garlic Bread	Mash Potatoes	Spicy wedges	Roast Potatoes	Chips
VEGETABLE	Sweetcorn	Mixed Veg	Garden Peas	Broccoli and Carrots	Peas/Beans
DESSERT	Chocolate Muffin	Ice cream	Arctic Roll	Frozen Strawberry Mousse	Chocolate Cookie

Week Commencing: 13/9/21, 27/9/21, 11/10/21, 1/11/21, 15/11/21, 29/11/21, 13/12/21

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Sausage, Yorkshire Pudding and Gravy	Chicken Curry	Lasagne	Roast Gammon, Stuffing and Gravy	Fish Fingers
VEGETARIAN	Quorn Sausage, Yorkshire Pudding and Gravy	Roast veg Pasta bake	Vegetable Lasagne	Quorn Fillet, Stuffing and Gravy	Cheese and Tomato Panini
JACKET POTATO		Cheese	Beans		Cheese and Beans
CARBOHYDRATE	Mash Potatoes	Rice/Pasta	Wedges	Roast Potatoes	Chips
VEGETABLE	Green beans and carrots	Garden Peas	Sweetcorn and carrots	Mixed Vegetables	Peas/beans
DESSERT	Frozen Strawberry Mousse	Strawberry Jelly	Chocolate Muffin	Arctic Roll	Vanilla Ice cream