

# Leeds Prevent



## Online Safety Advice for Parents

With many of our children currently off school and staying home due to COVID 19 the potential for online exploitation will be at its highest.

Although rare, there is a risk that with increased online activity, feelings of stress and isolation may be exploited. An understanding of digital safety will help parents and carers safeguard loved ones from a range of harms, whether that's child sexual exploitation, fraud, or extremist influences seeking to radicalise vulnerable people.

Extremists may also use the current situation to promote hateful views, for example through conspiracy theories or through spreading misinformation.

### What are the signs that my child may be being exploited online?

Online exploitation is often hard to recognise because it is a complex issue. When it comes to being drawn into extremist ideas online, sometimes there are clear warning signs, in other cases the changes are less obvious.

Although some of these traits may be quite common among young people, taken together they could be indicators that your child may need some help:

- Exploring new and unusual websites, chat forums and platforms. Harmful influences may push individuals towards platforms with a greater degree of anonymity.
- Joining new or secret groups since isolation.
- Speaking with new friends or being secretive about chats during online gaming or in forums.
- A strong desire to seek new meaning, identity and purpose.
- Using language you wouldn't expect them to know.
- Watching, sharing or creating films online linked to religious, political or racial hate.
- Becoming increasingly argumentative or refusing to listen to different points of view.



