

# WEEK 3 MENU

WEEKS COMMENCING  
11/03, 08/04, 06/05, 03/06, 01/07



	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>WORLD FOOD DAY</b> SPANISH	<b>PLANET EARTH DAY</b>	<b>ORIGINALS DAY</b>	<b>STREET FOOD DAY</b>	<b>FRIDAY FAVOURITES</b>
<b>MAIN 1</b> Key Stage 1&2	Paella (Mixed Meat, Rice and Vegetables)	Vegetable lasagne	Roast Chicken or Roast Pork with Sage & Onion Stuffing	Sticky Honey glazed chicken	Fish Fingers
<b>Key Stage 2</b> Special Day					
<b>Vegetarian</b> key stage 1 & 2	Omelette	Halloumi and vegetable pizza	Quorn Roast with sage and Onion Stuffing	Vegetarian Sausages	Cheese and Tomato Quiche
<b>Carbohydrates</b>	New Potatoes with Parsley or Penne Pasta	White & Brown Rice	Roast Potatoes or Penne Pasta	White and Brown Rice or Penne Pasta	Oven Baked Chips or Penne Pasta
<b>Vegetables</b>	Broccoli Roasted Vegetables Salad bar	Fresh Broccoli, Mixed Salad, Red Cabbage Coleslaw	Savoy Cabbage Fresh Carrots Salad bar	Green Beans Sweetcorn Salad bar	Garden Peas and Carrots, Baked Beans, Mixed
<b>Dessert</b>	Flapjack	Chocolate Cake	Wholemeal Apple Crumble & Custard Sauce	Sponge and custard	Vanilla Ice Cream Slice - Fresh Fruit Salad

**AVAILABLE DAILY:** Freshly cooked jacket potatoes with a daily choice of two toppings • Fresh fruit, yogurt & a mixed salad bar • Freshly baked bread (white & wholemeal)  
**FOR ALLERGEN CONTENT PLEASE SPEAK TO MEMBER OF STAFF WHO WILL BE HAPPY TO ASSIST**

